

Selected routes.

Touring bike/e-bike 8-19 **Rhone Route** Andermatt to Geneva (Chancy) **BASEL Rhein Route** Andermatt to Basel Porrentruy **North-South Route** Laufen Basel to Chiasso Delémont St-Ursanne **Alpine Panorama Route** Moutier St. Margrethen to Aigle Solothurn **Mittelland Route** Saignelégier Romanshorn to Lausanne **BIEL/BIENNE** 1617 Graubünden Route La Chaux-de-Fonds Chur to Martina/Bellinzona Burgdo Aarberg Erlach **Jura Route** Neuchâtel Basel to Nyon BERN Murten Travers 6 **Aare Route** Konolfing Oberwald (Gletsch) to Koblenz Laupen **Lakes Route** Estavayer-le-Lac Ste-Croix Montreux to Rorschach Payerne Friboura Yverdon-les-Bains Thun 2175 **Heart Route** Laupen to Willisau Romont • Wimmis Schwarzsee La Sarraz Bulle **Circular Route Fribourg Region** Cossonay d Murten to Murten LAUSANNE Gruyères weisimmen Adelboden Rolle Vevey Château-d'Oex Road bike 22-25 Lenk Montreux **Gotthard Challenge** 3244 A Leuker 1 Nyon Andermatt to Andermatt Evian (F) Thonon (F) **Original Switzerland Classic** Sierre 2 Altdorf to Altdorf Monthey Sion **Davos Ride GENÈVE** 3 Davos to Davos Champéry Nendaz Zinal Verbier Martigny

Mountain bike 28-33



Alpine Bike Scuol to Aigle

Panorama Bike Rorschach to Montreux



Jura Bike Basel to Nyon



Lugano Bike



Lugano to Ponte Tresa





Valais Bike Verbier to Visp

Explanation of Webcode

At MySwitzerland.com you can enter the corresponding number in the search field for more information.

4357 Dent-Blanche

4314 Grand Combin 🛦

Grand-St-Bernard

Explanation of recommended stages

The stages marked with a heart ♥ are especially recommended.





Touring bike/e-bike

8-19



Road bike

22-25



Mountain bike

28-33

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Grüezi, bonjour, buongiorno, allegra!

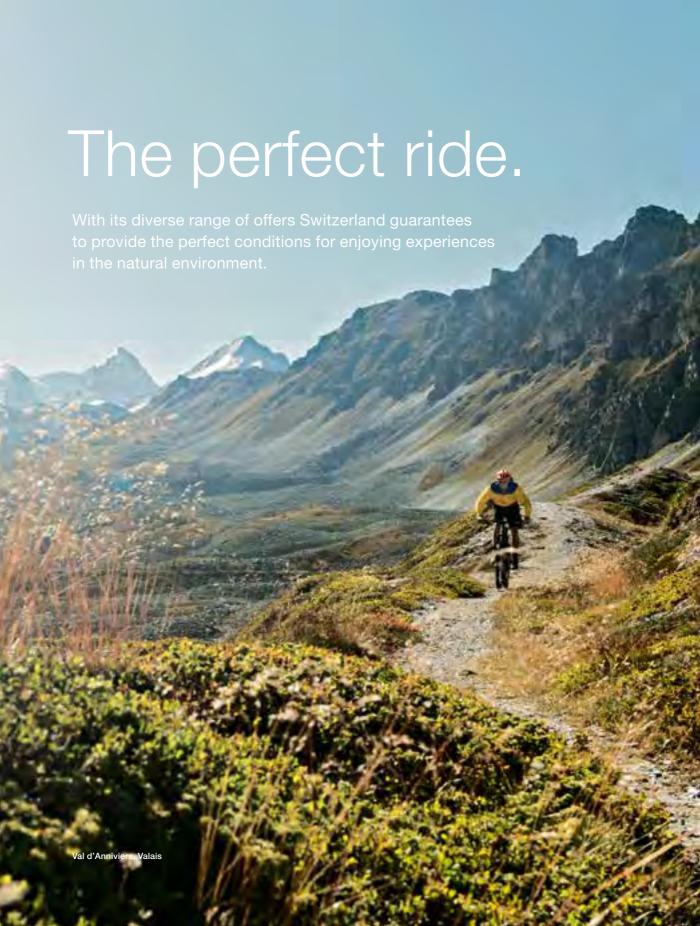


Beauty is in the eye of the holder. Seen from this viewpoint Switzerland makes it easy for its visitors: no other country offers such diversity of accessible magical landscapes within such a small area.

Mountain bikers move into gear along beautiful trails nestling in ancient mountain slopes. Fabled routes over mountain passes turn the Alpine crossings into an exciting challenge for road cyclists. Spectacular trails for leisure, touring and e-bike cyclists lead through beautiful scenery and alongside lakes and rivers. With a unique backdrop of imposing mountain peaks, gently rolling hills and wide plains, dotted with authentic villages and towns as their permanent companion along the way. Use our hashtag #INLOVEWITHSWITZERLAND to share your very own personal love stories on Facebook, Instagram or Twitter.

(S2S

Jürg Schmid
CEO Switzerland Tourism





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Checked and recommended

The Swiss Bike Hotels meet the following criteria:



Lockable bike/cycle room with direct access



Bike/cycle cleaning area with repair set



Overnight laundry service for sports clothing, with shower facility on day of departure



Hearty breakfast and packed lunch on request



Detailed information material and suggested tours



Arrangement with bike shop for rental, tours and repairs

MySwitzerland.com/ bikehotels

Swiss Bike Hotels

Uniform standards – diverse range of offers.

A lovely room isn't enough on its own. When you're travelling by bike you need more than that. A lockable area for example, laundry and bike repair facilities, a breakfast fit for an athlete to start the day, a packed lunch for when you're on the road and tips for tours from like-minded individuals. You can have it all. Whether it's a remote mountain cabin, a relaxing wellness oasis, stylish city or family B&B hotel – certified Swiss Bike Hotels know what their guests want and provide the corresponding facilities: rental bikes in the hotel, guided tours, riding technique courses, overnight laundry service for sports clothing or charge stations for e-bikes, are all standard. It goes without saying anyway that personal advice and map material is available from the reception desk of every hotel.





Start the day invigorated and refreshed thanks to Swiss Bike Hotels





Rhone Route.

From the Valais Alps to the Vaud Riviera

The first stage from Andermatt over the Furka Pass to Goms is a tough one. That's why leisure cyclists would be better advised to start in Oberwald and follow the Rhone through the sun-drenched high valley. The route then continues down towards Brig with its Stockalper Castle. The Rhone brushes the Pfyn-Finges Nature Park, the wine-growing village of Salgesch, the castles of Sion and leads along Lake Geneva's promenade of palm trees, past the vineyards in the UNESCO World Heritage Property of Lavaux until it ends in the cosmopolitan city of Geneva or continues as Euro Cycle Route 17 to the Mediterranean.

♡ Sierre-Martigny. Webcode 210421





Stages

Andermatt-Oberwald-Brig-Sierre-Martigny-Montreux-Morges-Geneva-Chancy

Facts

Condition Technique *
*excl. Furka Pass

Duration8 daysDistance350 kmElevation2,500 m

Highlights

Furka Pass/Belvédère, walk to the Rhone glacier and its source, Brig, Stockalper Palace dating from the 17th century, St. Maurice, the oldest monastery in the Abendland (1,500 years), Lavaux, the vineyard terraces of the UNESCO World Heritage Property, Geneva, International Red Cross and Red Crescent Museum



Furka Pass/Belvédère, Valais
 Pfyn-Finges Nature Park,
 Rhone valley, Valais
 Lavaux, Lake Geneva Region



Rhine Route.

From the source of the Rhine to Basel, the City of Culture

This route follows the Alpine river from its source to Basel and, as a Euro Cycle Route, in fact right up to the North Sea. In Switzerland – after a challenging initial stage between Andermatt and Disentis – the Rhine Route leads you through a diverse range of landscapes and cultures; past the wild gorge of the Upper Rhine to Chur, the oldest city in Switzerland and then on through the wine-growing region of the Graubünden and the Rhine valley to the largest freshwater delta in Europe which opens into Lake Constance. On the section up to Basel, time and again the enchanting "Waterway" will tempt you to take the plunge into the refreshing waters.

♥ St. Margrethen-Kreuzlingen. Webcode 158311





Stages

Andermatt-Disentis-Chur-Buchs (SG)-St. Margrethen-Kreuzlingen-Schaffhausen-Bad Zurzach-Rheinfelden-Basel-Rotterdam

Facts

Condition
Technique

*
*excl. Oberalp Pass

Duration10 daysDistance430 kmElevation2,000 m

Highlights

Oberalp Pass, hike to the source of the Rhine at Tomasee, Versam, "Il Spir" viewing platform high above the "Grand Canyon of Switzerland", Jenins, eating and drinking in the Weinstube Alter Torkel, Schaffhausen, Munot fortification, the symbol of the city, Augst, Roman town of Augusta Raurica



- 1. Oberalp Pass, Lucerne-Lake Lucerne Region
- 2. Rhine Gorge near Laax, Graubünden
- 3. Hohenklingen Castle above Stein am Rhein, Eastern Switzerland / Liechtenstein



North-South Route.

Along the historic travel routes from Basel to Chiasso

The longest historical monument in Switzerland takes you through 37 hairpin turns and along bumpy cobblestones from the Gotthard Pass (2,100 m) down to Airolo. The Tremola is the highlight on the North-South Route, traversing all the major landscape regions – the Jura, Mittelland, Central Switzerland, the Alps and Southern Switzerland. This classic transit route can of course be busy from time to time but there's also plenty of cultural and scenic pearls to enjoy along the wayside. Waiting to greet you at the end of the journey is Ticino and its Mediterranean charm.

♥ Andermatt-Airolo. Webcode 229996



Morcote, Ticino
 Lucerne, Lucerne-Lake
 Lucerne Region



Stages

Basel-Aarau-Lucerne-Flüelen-Andermatt-Airolo-Bellinzona-Agno-Chiasso

Facts

Condition
Technique

* excl. Gotthard Pass

Duration8 daysDistance365 kmElevation3,600 m

Highlights

Basel, Art Museum with its masterpieces of modern art, Lucerne, the Kapellbrücke including a cooling dip in the lake, Gotthard Pass, Museum Sasso San Gottardo in the former redoubt bunker, Bellinzona with its three castles (UNESCO World Heritage Property), Lugano, Old Town and Gabbani delicatessen store



Alpine Panorama Route.

Through picture-postcard Switzerland

This is anything but a stroll. In return the Alpine panorama route offers magnificent views and leads along trails with plenty of passes and gorges which are also ideal for road cyclists, through the northern foothills of the Alps with its traditional cultures, settlements and Alpine farms. Highlights along the tough route through the typical image of Switzerland are the historic small towns of Thun and Fribourg, the two key points of a particularly attractive stage. The rapid descent from a height of over 1,000 metres to the finish in Aigle provides a spectacular finale.

♡ Thun-Fribourg. Webcode 229997





Stage

St. Margrethen-Appenzell-Glarus-Flüelen-Sörenberg-Thun-Fribourg-Montbovon-Aigle

Facts

Condition Technique



*e-bike recommended

Duration8 daysDistance485 kmElevation7,900 m

Highlights

Appenzell, stroll along the picturesque Hauptgasse, Altdorf, William Tell monument, Hotel Kemmeriboden Bad, the legendary Kemmeriboden Merängge (meringue.) Thun, castle and Wocher Panorama, the oldest preserved circular painting in the

world, **Gruyères**, 13th-century castle and show dairy

- 1. Gruyères, Fribourg Region
- 2. Ennetbürgen, Bürgenstock Panorama, Lucerne-Lake Lucerne Region

"The fantastic network of cycle trails creates a link between the beautiful country and its mountains, lakes and forests."

Corinne Abraham, Ironman European Champion 2014, 39



Mittelland Route.

On the gentle tour from Lake Constance to Lake Geneva

The most popular of all the multi-day tours of Switzerland, the cycling country, runs 370 kilometres from Romanshorn on Lake Constance to Lausanne on Lake Geneva and at an elevation of just 1,600 metres has virtually no inclines. Most of the route is away from motorised traffic and is therefore ideally suited for pleasure cyclists and families. The cleverly designed route leads along lakes and rivers, through wide plains and peaceful valleys, towns and villages but also through urban centres such as Zurich. From Solothurn, as the "Waterway", it follows the River Aare which meanders scenically through the Three-Lakes region to Lake Biel.

♡ Solothurn-Ins. Webcode 158312







Stages

Romanshorn-Wil (SG)-Kloten-Aarau-Solothurn-Ins-Yverdon-Lausanne

Facts

Condition Technique



Duration7 daysDistance370 kmElevation1,600 m

Highlights

Hagenwil, water castle with restaurant, Winterthur, International Photo Museum, Aarau with its cobblestone Old Town and the cafés along the Aare, Solothurn, the most beautiful baroque city in Switzerland, Champ-Pittet, Pro Natura Centre in the "Swiss Camarque"



 Lake Neuchâtel, Jura & Three-Lakes
 Büren an der Aare, Jura & Three-Lakes
 Red Tower, Solothurn, Jura & Three-Lakes

Graubünden Route.

Through the Engadin region and on to Bellinzona

The landscape here becomes spectacular. The Graubünden Route leads along some unique sections through overwhelmingly beautiful scenery: from Chur over the Albula Pass to the Engadin region or – as an exciting alternative – from Thusis over the San Bernardino to Bellinzona. Both are tough routes but the physical effort is worthwhile in the end: the deep gorges display the wild beauty of nature, the fairytale villages of the Graubünden like the picturesque Guarda, the stony Alpine passes and the silence of the downhill sections – like the unparalleled run from the top of the San Bernardino Pass through Valle Mesolcina (2,000-metre elevation).

♡ Zernez-Martina. Webcode 229999



 Tarasp Castle, Scuol, Graubünden
 Montebello Castle, Bellinzona, Ticino
 Guarda, Engadin, Graubünden





Stages

Chur-Thusis-Bergün-Zernez-Martina/Chur-Splügen-San Bernadino-Bellinzona

Facts

Condition Technique

*e-bike recommended

Duration7 daysDistance152 kmElevation2,900 m

Highlights

Bergün, Albula Railway Museum in the UNESCO World Heritage Property, Zernez, Visitor Centre Swiss National Park, the oldest in the Alps, Scuol, bathing experience in the Engadin Bad Scuol, Andeer, rock gallery for viewing the spectacular wild waters of the Roffla Gorge, Bellinzona with its three castles (UNESCO World Heritage Property)



"In Switzerland a bike ride is better than what you see in any glossy photo."

Ronnie Schildknecht, triathlete, 36

Jura Route.

Through the expanse of the hill country from Basel to Lake Geneva

Dreamy valleys, remote high plateaus, still waters, pulsating cities: The Jura Route leads through peaceful countryside from Basel along the wooded La Lucelle to the hilly landscape of the Ajoie. The climb from the medieval St-Ursanne to Saignelégier is the "pièce de résistance" but the idyllic Franches Montagnes (Freiberge), with its grazing horses and cattle, are just reward for the effort. Past the Wind Power Centre, Mont Soleil, the route continues to the centre of the clock making industry, Le Corbusier's La Chaux-de-Fonds and to Lac de Joux, before the final section of the downhill run to Lake Geneva.

♡ Saignelégier-La Chaux-de-Fonds. Webcode 230000



Le Bemont, Franches
 Montagnes, Jura & Three-Lakes
 Doubs Bridge, St-Ursanne,
 Jura & Three-Lakes



Stages

Basel-Courgenay (Courtemautruy)-Saignelégier-La Chaux-de-Fonds-Fleurier-Vallorbe-Nyon

Facts

Condition Technique



Duration6 daysDistance280 kmElevation4,500 m

Highlights

St-Ursanne, Old Town and Monastery, Franches Montagnes, home of the only breed of Swiss horses, La Chaux-de-Fonds/
Le Locle, the city landscape of the clock making centre as a UNESCO World Heritage Property, Val de Travers, asphalt mines in Couvet and its absinthe, Vallorbe, stalactite caves and Lac de Joux



Aare Route.

On the "Waterway" from Oberwald to Koblenz

From the Grimsel Pass the route follows Switzerland's longest river until it joins with the river Rhine in Koblenz. For those not in peak condition we recommend taking the bus up to the top of the Grimsel Pass or to only start the route in Meiringen. From here to Solothurn the experiences come thick and fast: first the spectacular Aare Gorge, then the legendary Giessbach Falls and finally the charming Thun with its captivating lake. Another highlight in store is the Old Town in Bern, a UNESCO World Heritage Property, before the route continues through the vegetable plantations of the Seeland and the river landscapes at the foot of the Jura.

♡ Spiez-Bern. Webcode 210426





Stages

Oberwald (Gletsch)-Meiringen-Spiez-Bern-Biel (Nidau)-Solothurn-Aarau-Koblenz

Facts

Condition
Technique

*
*excl. Grimsel Pass

Duration7 daysDistance305 kmElevation1,700 m

Highlights

Meiringen, Aare Gorge, Bern with its medieval Old Town (UNESCO World Heritage Property), Altreu, "European Stork Village", Habsburg Castle, the imposing 11th-century double castle, Turgi, the water castle at the confluence of the Aare, Reuss and Limmat and its meadow landscape



- 1. Grenchen, Jura & Three-Lakes
- 2. Emmental, Bern Region
- 3. Old Town, Bern, Bern Region



Lakes Route.

Impressive views between Montreux and Rorschach

Seven lakes, rustic valleys, traditional villages: the journey leads up hill and down dale – a joy for e-bikers – right across the typical image of Switzerland. From Lake Geneva to the Gruyères where the fabled Cailler chocolate competes with the legendary Swiss cheese. From fashionable Gstaad to the dreamlike setting of Lake Thun and Lake Brienz. Through fabulous panoramic views over the Brünig to Lake Lucerne, to Lucerne itself and then on to the pilgrim village of Einsiedeln. Finally, the route follows along Lake Zurich and Lake Walen to the expanse of the Rhine valley and on the Direttissima to Lake Constance.

♡ Zug-Einsiedeln. Webcode 158314



 Spiez Castle, Lake Thun, Bernese Oberland
 Kastanienbaum, Lucerne-Lake Lucerne Region
 Ägerisee, Lucerne-Lake Lucerne Region





Stages

Montreux-Bulle-Gstaad-Spiez-Meiringen-Sarnen-Zoug-Einsiedeln-Niederurnen-Buchs (SG)-Rorschach

Facts

Condition Technique



Duration10 daysDistance505 kmElevation4,200 m

Highlights

Montreux, the new Modern Times Museum Chaplin's World, Gstaad, detour to the much vaunted Lauenensee, Brienz, Ballenberg Open-Air Museum, Einsiedeln, monastery and Black Madonna, Werdenberg, castle and village with its medieval timber houses and population of 60



"Every time I go training the beauty of Switzerland's natural environment never ceases to impress me."

Bart Aernouts, triathlete, 31

Heart Route.

Along the e-bike classic route from Laupen to Willisau

The whole of the Heart Route leads from Lausanne to Rorschach right across Switzerland. Between Laupen and Willisau it turns into a romantic journey into the past. This section is the most popular along the 700-kilometre tour, with the 'royal' stage leading to the magical panorama at a 600-metre elevation from Thun to Heiligenschwendi. It then dives into the forests of the Eriz, a fairytale landscape which slowly becomes the Emmental. Through lush green hills and pastures, traditional villages, the route continues to Burgdorf and on the Heart Route classic to Willisau.

C Laupen-Willisau. Webcode 158315







Stages

Laupen-Thun-Langnau-Burgdorf-Willisau

Facts

Condition **
Technique **

*e-bike recommended

Duration4 daysDistance244 kmElevation4,330 m

Highlights

Riggisberg, Gantrisch Nature
Park, Thun, Old Town, castle and
cruise on Lake Thun, Signau as
one of the most beautiful villages in
the Emmental, Affoltern i. E.,
Emmental show dairy including
restaurant, Madiswil, Landgasthof
Bären with its magical "bike garden"



- 1. Gantrisch Nature Park, Bern Region
- 2. Thun, Bern Region
- 3. Emmental, Bern Region



Circular Route Fribourg Region.

FRIBOURG REGION

Round trip for connoisseurs

The cycling country between the medieval towns of Murten, Fribourg and Gruyères is a magical, varied experience. In the South the Alpine chain, in the North Lake Neuchâtel, Lake Biel and Lake Murten with its wide range of water sports set within a pretty landscape, characterised by culture and culinary delights: from the Le Gruyère AOP to Cailler chocolate and the fine wines of Mont-Vully, to the historic monuments along the wayside. The route for leisure cyclists follows the language border, repeatedly switching from French to German (crossing the "Röstigraben") in a charming way.

Murten-Fribourg-Gruyères-Murten. Webcode 210428



Stages

Murten-Fribourg-Gruyères-Murten

Facts

Condition Technique



3-4 days

149 km

2,130 m

Duration
Distance
Elevation

Highlights

Murten, Old Town and Three-Lakes cruise, Fribourg, views from the tower of St. Nikolaus Cathedral, Gothic facades on houses, Broc, interactive chocolate experience at Maison Cailler, Gruyères, castle and show dairy at La Maison du Gruyère, Romont, Vitromusée with the world's largest collection of glass painting







Planning made easy

All routes, all the information: the SwitzerlandMobility website contains a list of all the tours in Switzerland as a hiking, cycling, mountain biking, skating and canoeing country. The web map provides the ultimate tool for detailed planning.



- Website: switzerlandmobility.ch for info on all routes, together with interactive web map for online planning
- 32,000 km of signposted national, regional and local routes
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More info, more fun: the free app for iPhone, iPad and Android provides all the information on everything relating to the outdoor experience. The perfect companion!

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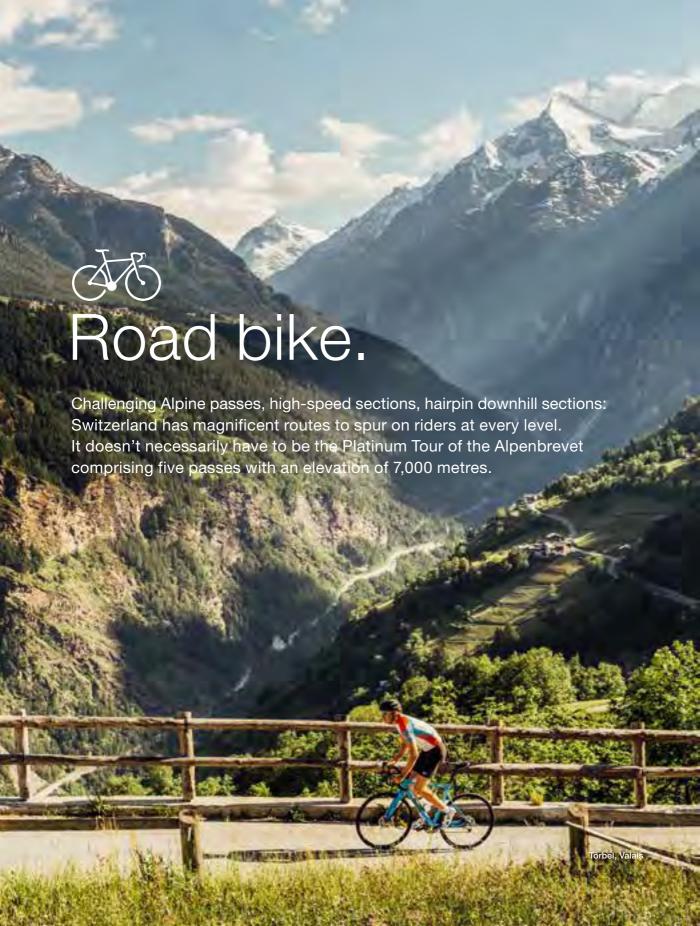


Switzerland **Mobility**

The SwitzerlandMobility app provides continual info and guidance for every biker.







Gotthard Challenge.

The four-pass classic for ambitious road cyclists

Susten, Grimsel, Nufenen, Gotthard. Elevation of 5,300 metres, 164 kilometres, 4 passes, 1 experience. The stamina required for the classic amongst the pass routes matches the highlights it offers: the Gotthard region combines a unique variety of mythical landscapes within a small area, lots of contrast, spectacular roads such as the legendary Tremola and breathtaking views of the Alps. This is a meeting place of several languages and cultures, with four rivers flowing in all directions and to reward the rider there's a restaurant waiting on every pass, with views of the magical panorama.

C Andermatt-Andermatt. Webcode 230001



Stages

Andermatt-(Susten Pass)-Innertkirchen-(Grimsel Pass)-Ulrichen-(Nufenen Pass)-Airolo-(Gotthard Pass)-Andermatt

Facts

Condition Technique

Duration1 dayDistance164 kmElevation5,300 m

Highlights

Andermatt, panoramic views on the Gemsstock (2,961 metres above sea level), Susten Pass, the first pass road designed for vehicle traffic (1946), Meiringen/ Innertkirchen, Aare Gorge, Handegg, the breathtakingly steep Gelmer funicular, Gotthard Pass, Museum Sasso San Gottardo in the redoubt bunker – with metro!



Grimsel Hospiz, Bernese Oberland
 Teufelsbrücke, Andermatt,
 Lucerne-Lake Lucerne Region
 Winding roads, Tremola, Ticino



Original Switzerland Classic.

Challenging circular route through the homeland of William Tell

1,500 metres elevation over a 22-kilometre section: you'll work up a real sweat on the climb from Altdorf to the Klausen Pass, in turn making the rather rough descent to Linthal crossing the largest Alp in Switzerland with the Urnerboden all the more rapid. From Glarus the route continues to climb again on the 130-kilometre long circular route with a 3,100-metre elevation: past the magnificent Klöntalersee to the Pragel Pass where a proper downhill run to Muotathal awaits. From here it's a breeze to Schwyz – and a particularly scenic section to enjoy on Axenstrasse along Lake Lucerne to Altdorf.

♥ Altdorf-Altdorf. Webcode 230002



Stages

Altdorf-(Klausen Pass)-(Pragel Pass)-Brunnen-Altdorf

Facts

Condition Technique

Duration1 dayDistance130 kmElevation3,100 m

Highlights

Altdorf, William Tell monument in the centre of the main town in the Urn area, Bürglen, detour by cable railway to the sun terrace of Biel, Klöntal, refreshing dip in the crystal-clear Klöntalersee, Höllloch, the largest cave system in Europe, Brunnen, cruise with the historic paddle steamer across the lake to Flüelen



 Klöntalersee, Eastern Switzerland / Liechtenstein
 William Tell monument, Altdorf, Lucerne-Lake Lucerne Region
 Klausen Pass, Lucerne-Lake Lucerne Region

Davos Ride.

From lively Davos through the magical UNESCO World Heritage Property

From Davos, Europe's highest city, it covers a distance of 120 kilometres and an elevation of 2,500 metres through the picturesque Landwassertal and the UNESCO World Heritage Property of Albula Bernina. Thanks to its audacious viaducts and ingenious line layout, this stretch of track is considered one of the most spectacular in the world; the road through the pass is no less spectacular: relatively little traffic and dramatic views down into the deep gorge make it one of the country's most attractive routes. The ride finally returns to Davos crossing the high plain of the Engadin and its barren Flüela Pass.

O Davos-Davos. Webcode 230003



Albula Pass, Graubünden
 Lake Davos, Davos, Graubünden

Stages

Davos-(Flüela Pass)-(Albula Pass)-Davos

Facts

Condition Technique



Duration Distance Elevation 1 day 120 km 2,500 m

Highlights

Davos, bathing in the 20° warm Lake Davos, Zernez, Visitor Centre of the Swiss National Park, the oldest in the Alps, Bergün, Albula Railway Museum in the UNESCO World Heritage Property, Frauenkirch, detour to the idyllic Sertig valley, Davos, excursion to the peak of the Weissfluh (2,844 metres above sea level)

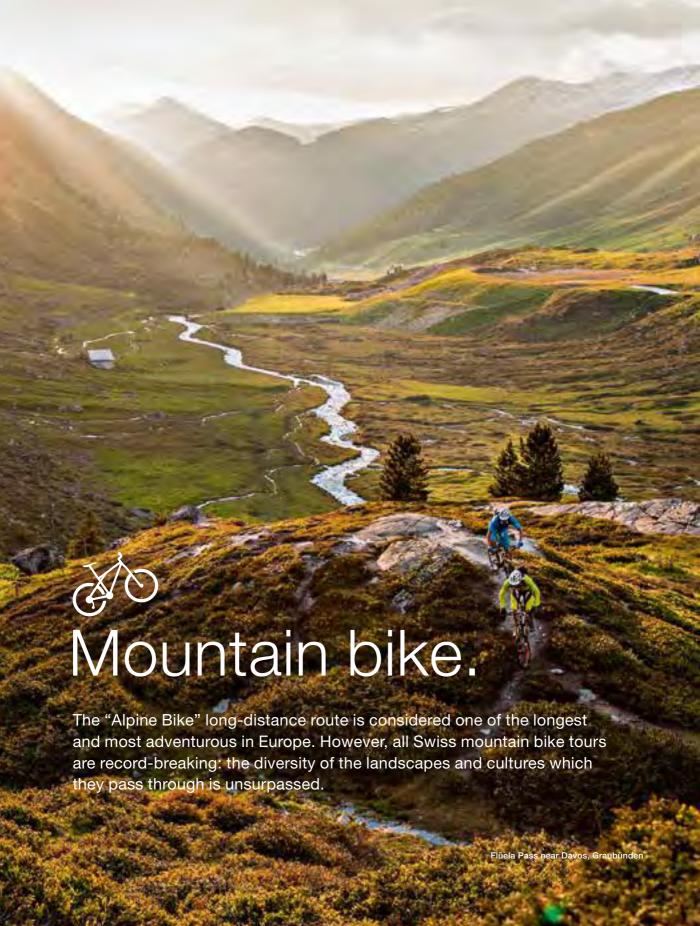


"Since I've been living here I have come to particularly appreciate the diversity of Switzerland when I'm on my bike."

Cadel Evans, road cyclist, 38







Alpine Bike.

A 665-kilometre challenge between Scuol and Aigle

Admittedly, there is a faster way to get from Scuol in the Graubünden to Aigle in the Lake Geneva Region but definitely not a more spectacular one. On this tour right across Switzerland you get to experience the result of millions of years of geological thrust: a challenging 21,000-metre elevation for example which you have to conquer from the Bündner via the Bernese to the Vaud Alps. On single trails of ancient Roman pathways, forest and Alpine roads – some technically demanding, some family-friendly – through the imposing high mountains with unique panoramic views.

♥ Scuol-Tschierv. Webcode 158316







Stages

Scuol-Tschierv-Livigno (IT)-St. Moritz-Bivio-Tiefencastel-Safien Platz-Lumbrain-Disentis-Andermatt-Meiringen-Grindelwald-Interlaken-Adelboden-Zweisimmen-Château-d'Oex-Aigle

Facts

Condition Technique

Duration16 daysDistance665 kmElevation21,000 m

Highlights

Val S-charl, the fairytale pinewood forest of God da Tamangur,
St. Moritz, bathing in the Stazersee, the most popular in the Engadin,
Andermatt, the fiendishly wild
Schöllenen Gorge, Lauterbrunnen, valley of 72 waterfalls including the
Staubbach Falls, Aigle, Chablais wine-growing region and Aigle castle





Panorama Bike.

From Rorschach to Montreux through the Alpine foothills

It is a unique experience in the truest sense of the word: the panoramic tour offers an impressive cross-section of the diversity of the Swiss Alpine foothill landscapes with stunning views of mountains and lakes. The stages in Eastern Switzerland are technically easy, whilst in the West there's plenty new lying in wait: culture and cuisine in Charmey and Gruyères with its local mountain, the Moléson. Climbs with an elevation of over 1,000 metres are rare, anywhere along the route there's hardly any higher than 1,600 metres. So you can even do the tour as early as the end of May.

Charmey-Les Paccots. Webcode 214548





Stages

Rorschach-Trogen-Appenzell-Stein (SG)-Niederurnen-Einsiedeln-Schwyz-Sarnen-Sörenberg-Habkern-Thun-Sangernboden-Charmey-Les Paccots-Montreux

Facts

Condition Technique



Duration14 daysDistance455 kmElevation13,700 m

Highlights

Heiden, panoramic views of Lake Constance plus the Henry-Dunant-Museum, Schwyz, Swiss National Museum, Salwideli, moor landscapes in the Entlebuch UNESCO Biosphere, Schwarzsee, bathing in the lake which is shrouded in legend, Moléson-sur-Gruyères, Alpine show dairy of La Maison du Gruyère



- Wildhaus, Toggenburg, Eastern Switzerland / Liechtenstein
 Heiden, Eastern Switzerland / Liechtenstein
- 3. Interlaken, Bernese Oberland



Jura Bike.

From Basel through the "Wild West" to Lake Geneva

Remote valleys, lush meadows, rushing streams and two nature parks are the features that characterise the Jura mountains between Basel and Lake Geneva. This tour combines every different type of scenic jewel. From Delémont it runs via the Col des Rangiers on the Doubs and continues to the Franches Montagnes (Freiberge) with their famous horses. From Mont Soleil to the UNESCO World Heritage cities of La Chaux-de-Fonds/Le Locle the connoisseur's route continues through the Val de Travers to the "Balcon Vaudois" with views of Lake Neuchâtel and the Alps, followed by the descent from the Col du Marchairuz to Nyon.

♡ Saignelégier-La Chaux-de-Fonds. Webcode 158318



Saignelégier, Jura,
 Jura & Three-Lakes
 Vallée de Joux, Le Sentier,
 Jura & Three-Lakes



Stages

Basel-Laufen-Delémont-St-Ursanne-Saignelégier-La Chaux-de-Fonds-Couvet-Ste-Croix-Le Sentier-Nyon

Facts

Condition Technique

Duration9 daysDistance360 kmElevation7,700 m

Highlights

St-Ursanne, canoe trip on the Doubs, Saignelégier, Doubs Nature Park, La Chaux-de-Fonds, International Museum of Horlogy with over 4,500 exhibits, Col du Marchairuz, panoramic views and historic road over the pass, Prangins, Swiss National Museum in the castle with superb gardens

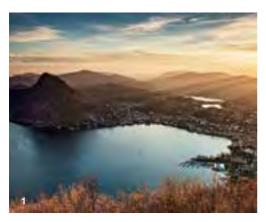


Lugano Bike.

Hitting the heights on the panorama tour in the Ticino region

One of the most beautiful bike routes in Switzerland meanders as an Alpine trail around the Val Colla above Lugano and continues over the imposing Monte Tamaro through the hilly forests of the Malcantone to Ponte Tresa, with flowing single trails alternating with asphalt roads. The section between Monte Brè and Rivera offers plenty of variety. The first part on the ridge between the Pairolo and Gola di Lago where three cosy cabins are located, is a true classic. As a bonus there are picturesque villages, historic monuments – and lots of Italian spirit waiting in store.

C Lugano-Ponte Tresa. Webcode 230004



Lugano, Ticino
 Motto della Croce, between
 Bellinzona and Lugano, Ticino





Stages

Lugano (Monte Brè) – Pairolo – Rivera – Miglieglia – Ponte Tresa

Facts

Condition Technique

Duration4 daysDistance120 kmElevation4,400 m

Highlights

Monte Brè, cable car and artists' village of Brè with the "Kunstweg" (art trail), Monte Bar, Capanna Monte Bar with speciality dishes of the Ticino region, Rivera, bathing fun and wellness in the Splash & Spa Tamaro, Monte Tamaro, Chiesa di Santa Maria by Mario Botta and Adventure Park, Malcantone, relax in the popular Laghetto di Astano



Valais Bike.

Spectacular up hill and down dale between Verbier and Visp

No other route gets you as close to the imposing peaks as the Valais Bike. The first part is parallel with the legendary "Grand Raid" from Verbier to Grimentz, the oldest bike race in the Alps. You then strike down to Sion in the Rhone valley, conquering the vineyards and wheeling through famous towns such as Anzère and Crans-Montana with great views, tranquil mountain villages and over the Alpine meadows where you'll see the famous Herens cows grazing. At Leuk, you switch back to the other side of the valley and fight your way uphill until the Visp valley opens out at Zeneggen and the start of the final rapid descent.

♡ Verbier-Visp. Webcode 230005







Stages

Verbier-Nendaz-St-Martin-Grimentz-Sierre (Chandolin)/ Sion-Anzère-Crans-Montana-Leuk-Visp

Facts

Condition Technique

Duration8 daysDistance270 kmElevation9,100 m

Highlights

Haute-Nendaz, Bisse du Milieu, the historic irrigation canal, Euseigne, earth pyramids of international importance, Grimentz, authentic Valais village with bronzed chalets, Sion, vineyard terraces and castles, Leuk, Pfyn forest in the Pfyn-Finges Nature Park







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The comfortable rental bikes from Rent a Bike are available in different versions: e-bike, country bike, comfort bike, mountain bike to kid's bike. Travel by public transport provides total mobility: the journey home is from where the cycle tour ends because when renting a bike from a railway station the bikes don't have to be returned to the original railway station collection point.

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Public transport.

It's rightly known as the sixth route network of SwitzerlandMobility: with 27,000 kilometres of rail, bus and boat links, the public transport system also links all the cycle routes with coordinated connections.



The public transport system is ideally equipped for cyclists and mountain bikers



Want to add a cruise to the bike tour? By train back to the start? Or in the PostBus over the Swiss mountains? The variable combinations are endless, making Swiss public transport more than just a transportation system: these are a genuine enhancement of any tour. Clear info boards from Switzerland-Mobility at over 300 railway stations make access to any bike route so easy.

Perfectly harmonised: public transport and SwitzerlandMobility

To facilitate the planning of outdoor activities, all routes on www.switzerland-mobility.ch are coordinated with the SBB timetable which combines the precisely coordinated connections from over 150 of the country's transport companies! This is where you will find all the necessary tips on the outward and return journey by public transport and on the convenient services on the train and at the station. Updated daily and available at a click of the mouse.

Stops on the interactive map

The interactive web map at www.switzerlandmobility.ch not only shows the SwitzerlandMobility routes but all the public transport stops. These are of course coordinated with the SBB electronic timetable query. Those who like making precise plans can go to the website where they will find the appropriate answers to every possible public transport connection and to many other questions relating to the tour. For quests from abroad the Swiss Travel System tickets provide the ideal access to the public transport system. For example, with the Swiss Travel Pass, the all-in-one ticket for virtually unlimited travel by train, bus or boat!

Further information on the public transport system:

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