

From Gate A30 to Gate D8, you'll enjoy sights of Phoenix seen only from inside the airport: views of mountains, parks and man-made wonders.

And if you have time, you can chalk up more mileage by visiting the ends of all seven concourses.

### What You'll See Along the Way

1. **Downtown Phoenix Skyline**, including Chase Field, home of the Arizona Diamondbacks.
2. **FAA Control Tower**, one of the country's tallest at 335 feet.
3. **Piestewa Peak**, named after Lori Piestewa, a member of the Hopi tribe, who was the first Native American woman ever to die in combat while serving with the U.S. military.
4. **Camelback Mountain** is a prominent Phoenix-area landmark. Its name is derived from its shape that resembles the hump and head of a resting camel.
5. **Sandstone Buttes at Papago Park**, nearby attractions include: Desert Botanical Garden, The Phoenix Zoo and Phoenix Municipal Stadium.
6. **The PHX Sky Train bridge** is the world's only mass transit bridge over an active airport taxiway.
7. **South Mountain Park/Preserve**, at more than 16,000 acres, is the largest municipal park in the country. It boasts 51 miles of multi-use trails.
8. **Air National Guard** operations center.



The Sky Harbor Fitness Trail complements Phoenix's FitPHX initiative, a comprehensive program intended to get Phoenix residents into better shape.

Phoenix Mayor Greg Stanton, Olympic swimming gold medalist and local resident, Misty Hyman, and Phoenix City Councilman Daniel Valenzuela launched the FitPHX initiative and are continuing to add new activities to its agenda.

For more information on FitPHX, log onto [phoenix.gov/fitphx](http://phoenix.gov/fitphx).



City of Phoenix

For more information on Phoenix Sky Harbor International Airport, visit [www.skyharbor.com](http://www.skyharbor.com).



# Walk the Sky Harbor Fitness Trail

## Get your exercise between flights.



PHOENIX SKY HARBOR INTERNATIONAL AIRPORT



View this in a mobile friendly format

1. CITY OF PHOENIX



3. PIESTEWA PEAK



4. CAMELBACK MOUNTAIN



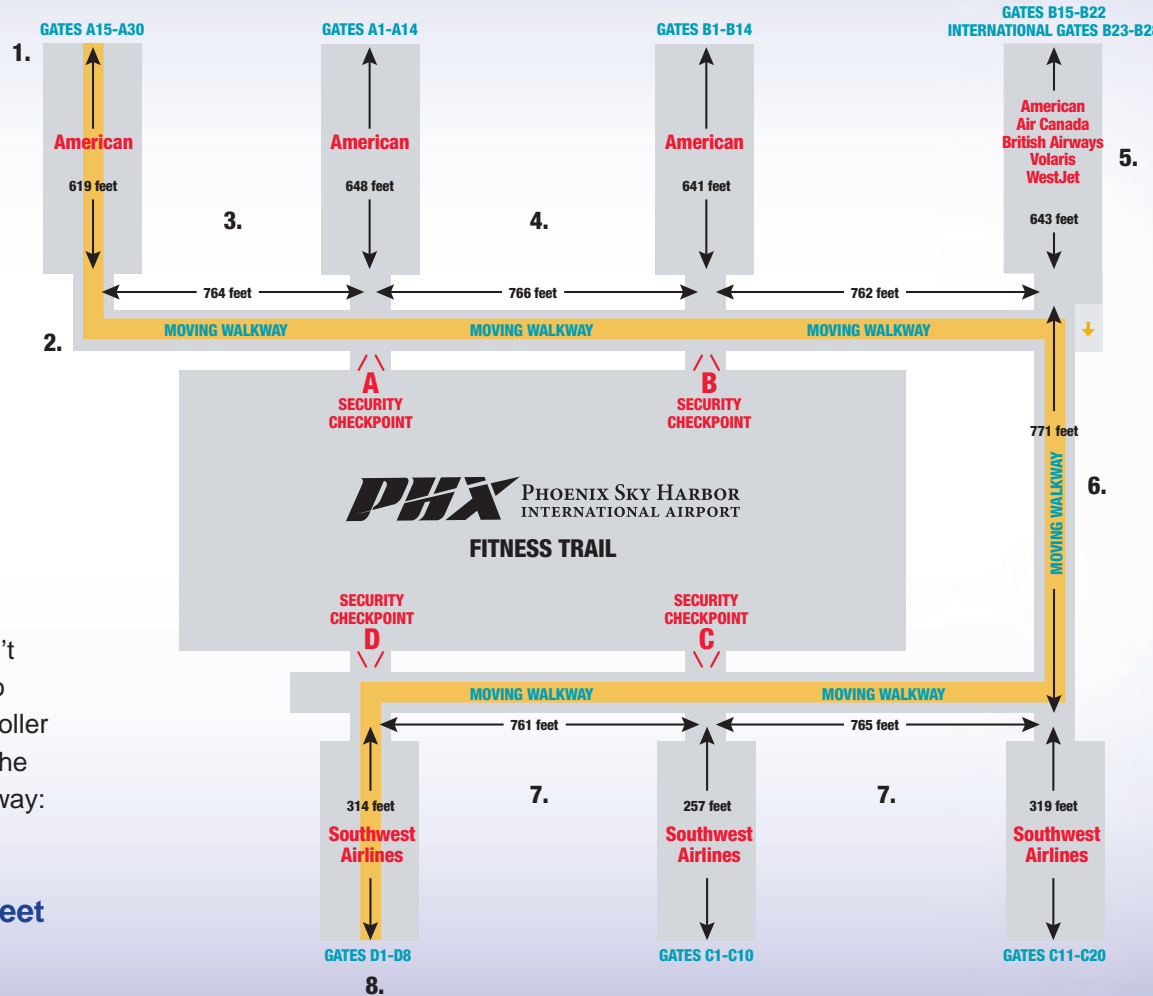
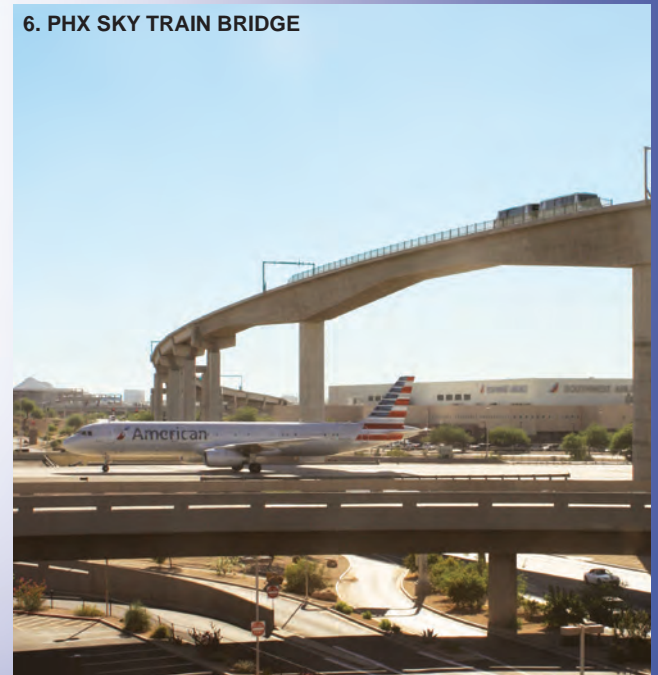
2. PHX FAA TOWER



5. BUTTES AT PAPAGO PARK



6. PHX SKY TRAIN BRIDGE



Please note that we don't offer carry-on storage so you'll need to take that roller bag or backpack along the route, but look at it this way: it's added cardio!

**A30 to D8 = 5,522 feet**  
1 mile = 5,280 feet

8. AIR NATIONAL GUARD



7. SOUTH MOUNTAIN PARK PRESERVE

